



**SUNDAY      MONDAY      TUESDAY      WEDNESDAY      THURSDAY      FRIDAY      SATURDAY**

<b>Activity Office Summer Hours</b> <b>9 AM - 12 PM</b> <b>Registration Summer Hours</b> <b>8 AM - 5 PM, Mon-Fri; 8 AM - 4 PM, Sat-Sun</b>				<b>1</b>  <b>Book Mobile</b> <b>9:45 AM</b> <b>Ballroom Lot</b>	<b>2</b>	<b>3</b>
<b>4</b>  <b>Summer Chapel</b> <b>8:50 AM</b> <b>Catalina Room</b> <b>Casual Dress</b>	<b>5</b>  <b>Coffee &amp; Donuts</b> <b>8:45 AM Serve</b> <b>9:00 AM</b> <b>Announcements</b> <b>Ballroom</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>  <b>"Mother's Day"</b> <b>Movie Showing</b> <b>1 PM</b> <b>Catalina Room</b>	<b>10</b>
<b>11</b>  <b>Summer Chapel</b> <b>8:50 AM</b> <b>Catalina Room</b>	<b>12</b>	<b>13</b>  <b>Northwest Medical</b> <b>Doc Talk with</b> <b>Dr. Gaddi 9:00 AM</b> <b>Santa Rita Room</b>	<b>14</b>  <b>Angel Face Ice</b> <b>Cream Van</b> <b>2 PM</b>	<b>15</b>  <b>\$Kentucky Derby</b> <b>Themed Mother's</b> <b>Day Party 12 Noon</b> <b>Ballroom</b>	<b>16</b>	<b>17</b>
<b>18</b>  <b>Summer Chapel</b> <b>8:50 AM</b> <b>Catalina Room</b> <b>Casual Dress</b>	<b>19</b>	<b>20</b>	<b>21</b>  <b>Lunch Bunch</b> <b>11:30 AM</b> <b>Yardhouse</b>	<b>22</b>  <b>Poker Run</b> <b>10 AM</b> <b>Activity Office</b> <b>Start</b>	<b>23</b>	<b>24</b>
<b>25</b>  <b>Summer Chapel</b> <b>8:50 AM</b> <b>Catalina Room</b> <b>Casual Dress</b>	<b>26</b>  <b>Memorial Day</b> <b>Brats Potluck</b> <b>12 Noon Ballroom</b>	<b>27</b>	<b>28</b>  <b>Angel Face Ice</b> <b>Cream Van</b> <b>2 PM</b>	<b>29</b>	<b>30</b>	<b>31</b> 

**Ballroom walking is back!** Step into a healthier you happening twice a day, every day this summer, unless noted. Join us in the Ballroom from 6-8 AM and 3-5 PM for a fun and easy way to stay active. Walking is one of the best ways to boost heart health, strengthen bones and muscles, improve balance, and burn fat, all while enjoying great company. Let's stay connected this summer! Come walk, talk, and make new friends! Open to all Voyager, Cove, Crossing & Bay residents.

## MAY ACTIVITIES 2025



### *Coffee & Donuts*

*May 5 Sponsor: Preferred Care at Home*

Time: Donuts served at 8:45 AM

Announcements at 9 AM

Location: Ballroom

Come on down for your free coffee & donut.



**NORTHWEST  
HEALTHCARE**

NORTHWEST | ORO VALLEY | SAHUARITA | HOUGHTON

**Northwest Specialty Care "Doc Talk"  
with Dr. Tony Gaddi**

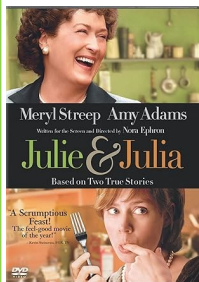
**May 13**

**9:00 AM**

**Santa Rita Room**

Join Northwest Specialty Care in their summer series of Doc Talks. This month we welcome Dr. Gaddi, Specialist in Female Pelvic Medicine & Reconstructive Surgery.

Dr. Gaddi is highly trained and board certified in both Obstetrics/Gynecology and Female Pelvic Medicine. Prior to working in a private practice setting, he served in the U.S. Air Force as chairman of Women's Health. *"As a specialist in female pelvic medicine and reconstructive surgery, also known as Urogynecology. I love being able to offer treatment for conditions often overlooked as part of the normal aging process."* Join Dr. Gaddi for this informative Doc Talk. **Please note, this Doc Talk is for women only.**



### **Let's All Go to the Movies *Julie & Julia***

**May 9**

**1:00 PM**

**Catalina Room**

Join us as we watch Julie & Julia together. A culinary legend provides a frustrated office worker with a new recipe for life in Julie & Julia, the true stories of how Julia Child's (Meryl Streep) life and cookbook inspired fledgling writer Julie Powell (Amy Adams) to whip up 524 recipes in 365 days. Bring along your popcorn and snacks!



**May 21 11:30 AM**

Come along to the Yardhouse with us for Lunch Bunch! We will meet at the restaurant for a fun and delicious lunch together.

**Location: 5870 E. Broadway.**

**Park Place Mall.**



### **Angel Face Ice Cream Van**

**May 14 & 28 2:00 PM**

With the hotter temperatures, we have added another date for our favorite ice cream van to visit Voyager, The Bay & The Cove. Just listen for the sounds from the van to get your frozen treat!


## MAY ACTIVITIES 2025



### Kentucky Derby Themed Mother's Day Luncheon

May 15      12:00 PM      Ballroom

Tickets: \$8.00 pp

You'll be chomping on the bit to get your tickets for this awesome event to celebrate Mother's Day! You don't have to be a mother to attend this fun Kentucky Derby themed luncheon. Wear your best hat and place your bets as we not only have lunch to offer but some fun horse racing as well. Please get your tickets from the Activity Office before May 12. Thank you to AireBeam for providing the winning prizes and welcome bags. 

### MEMORIAL DAY BRAT LUNCH



May 26      12:00 PM      Ballroom

Join us as we remember those who are gone but never forgotten this Memorial Day. We will be serving bratwurst, onions, peppers, and sauerkraut. Please bring a dish to pass for your table of 6. This is a free event but please come to Activity Office for your ticket.

If you would like us to remember a Veteran this Memorial Day, please come to the Activity Office with their name, rank, and branch of service so we can remember their service together. **Names need to be given before May 19th.**

### POKER RUN

May 22      10:00 AM      Activity Office

Feeling **FLUSH**? Come **STRAIGHT** to the Activity Office to sign up for our first Voyager Summer Poker Run. We will give you a map to follow on May 22. Each stop will provide you with a poker card. Once you have a full hand of cards, bring them back to the Activity Office and we will see who has the best hand! There will be a prize for the best poker hands. It's bound to be a **FULL HOUSE** event so make sure to sign up soon.





# VOYAGER DISPATCH

COURTESY PATROL

MAY 2025

There is a lot of activity around Voyager as the weather is not at peak temperatures people are out riding bikes & walking their dogs and going places in their golf carts.

Here are some important things to remember:

- ♦ Stay hydrated and bring extra water when you go for a bike ride.
- ♦ Bicycles obey traffic laws at all time.
- ♦ Always wear a helmet.
- ♦ Use hand signals when riding in a golf cart or on a bike.
- ♦ Do not utilize your golf cart at night if it does not have lights.
- ♦ Do not ride your bike at night unless you have bright clothing and lights.
- ♦ **Never walk your dog from your golf cart or bicycle. It is not safe for your animal. You will also be in violation of the Voyager Rules & Regulations.**

**Stay Safe Everyone!**

## Neighbors • *Helping* • Neighbors

Resident led Neighbor to Neighbor program is here to support Voyager, Bay, Crossing & Cove residents by helping you to stay independent and connected to community. We offer transportation to appointments, help with errands, and rides to social activities. Our resident volunteers provide short-term caregiver relief, weekly visits, and light home repairs, including assistance with computers, internet, and TVs. We also offer trash assistance and pet care, including dog walking.

Anchored by Pima County on Aging, we're always looking for volunteers especially drivers! If you could use a little help or want to lend a hand, contact Jennifer or Lori at (520) 474-0596. Let's build a stronger, more connected community together!